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<http://www.lakenheath.af.mil/current/jet48.htm>

Smoke detector tampering

By Santiago Olmeda-Pinero
 Assistant fire chief

The Air Force spends millions of dollars to construct and renovate dormitories to improve the quality of life for people.

Fire professionals and engineers review construction projects to ensure installation of the most modern fire protection systems for the safety of the people who will reside in these dormitories.

Smoke detectors are one of the most important safety features in dormitories. They provide the early warning needed to escape from a fire.

The majority of fatal dormitory fires occur at night, when people are asleep. Instead of waking you, smoke and poisonous gases from a fire can quickly numb the

senses and put you in an even deeper sleep. Most people who perish in fire do not die of burns, but of smoke inhalation. Chances of dying in a fire is nearly cut in half if you have smoke detectors. Where loss of life has occurred, smoke detectors have often been

found to be faulty due to tampering of detectors or fire-alarm systems.

The RAF Lakenheath fire department staff is concerned about the number of smoke detectors found to be disabled by dormitory occupants. In most cases, occupants are left unprotected, and may even leave an entire facility without any fire protection. Tampering with smoke detectors and fire alarm systems is very dangerous, unlawful and could result in a court martial.

Think fire safety, and don't put yourself and others in danger.



Safe speed usually lower than limit

By SSgt. Tonda Fryzlewicz
 48th Fighter Wing safety office

Speed is one thing that can get you into trouble faster than your brakes or steering wheel can get you out of it. The 48th Fighter Wing safety office has the accident reports on file to attest to this.

Most roads around RAF Lakenheath are primarily national speed roads - 60 mph. More often than not, however, the actual "safe" speed

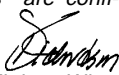
is much lower than the national speed limit.

When people are driving in adverse weather conditions such as fog, rain, ice or snow, they should reduce speed. Other things to consider are the narrow winding roads, inadequate or no shoulders, discrete speed limit signs and sometimes inadequate warning signs of changing road conditions.

Next time you get behind the wheel, don't simply look at the posted speed limit. Consider the safe speed limit, put low beams on and drive defensively.

Action lines

The Action Line is your direct link to me for complaints, suggestions, or comments. It's not intended to replace the chain of command. When normal command and agency channels haven't been able to resolve your concerns, call (Ext. 2324), fax (Ext. 5367), e-mail (Action_Line), send through distribution (48 FW/PA), mail (48 FW/PA, Unit 5210 Box 215 APO AE 09464-0215), or hand carry your Action Line to the public affairs office (Bldg. 1085). You may remain anonymous; to receive a reply, leave your name, unit, duty or home phone number, and full APO mailing address. Names are confidential.


 48th Fighter Wing commander

48th Fighter Wing history fact

The 48th Fighter Bomber Wing was the parent unit to the 48th Aerojet Team, popularly known at the time as the "Sky Blazers." Formed in September 1953, the team flew six F-86 Sabre jets and became Twelfth Air Force's official aerobatic demonstration team.



Sept. 30 deadline looms for handgun owners

New law requires destruction, export of firearms in United Kingdom

Lakenheath community handgun owners have until Sept. 30 to export their weapons or turn them over to local police authorities. Parliament made all handguns illegal in the United Kingdom. After Oct. 1, possession of a handgun will become a crime punishable by up to 10 years imprisonment.

Weapon owners have three options:

- ☐ Remove their handguns from the U.K. as part of their household goods on PCS orders (for shipments through Sept. 30)
- ☐ Ship the gun back to the United States
- ☐ Surrender the gun to the U.K. police for destruction

If a handgun is shipped back to the U.S., it must be done through a licensed dealer. The RAF Lakenheath Rod and Gun Club has a licensed dealer and offers a gun mailing service for owners who want to send their handguns to the U.S. The cost is based on the value of insurance obtained for the weapon, type of weapon and destination of the weapon. The club handles all paperwork involved in exporting the weapon except the copy of the Federal Firearms License or the proof of ownership. To export a weapon, call the rod and gun club at Ext. 2368. Weapons stored at the club that are not claimed may be considered abandoned and will be confiscated by the rod and gun club.

They will either be destroyed or sold to recover storing and handling costs.

Weapons in the United Kingdom are broken down into two groups – shotguns and firearms.

Shotguns are defined as weapons with a smooth bore and a barrel length of at least 24 inches. The weapon can not hold more than two shells in the magazine (pumps, automatics, or bolt action without a detachable magazine). Over/under, side by side and single shot shotguns fall within this category. Possession of a shotgun requires a British Shotgun Certificate. The current cost for this certificate is £43. Shotguns with a larger capacity magazine than mentioned above, or in the case of a bolt action with a detachable magazine, will have to be modified by a gunsmith and the weapon must be forwarded to the British Proof House for a proof certificate. This will cost between \$100 to \$125 per weapon. This modification is considered permanent and can not be reversed.

Firearms are defined as handguns and rifles, and in certain circumstances, shotguns with large capacity magazines and air guns with a muzzle velocity above 12-foot pounds. Possession requires a valid Firearms Certificate, costing approximately £56 for five years. Both shotgun and firearms applications are available from the local constabulary or the RAF Lakenheath Rod and Gun Club.

(Information courtesy of 48th Fighter Wing Legal Office and RAF Lakenheath Rod and Gun Club)



Photo by SrA. Jeff Capenos

Air evacuation

An air ambulance service from the Isle of Mann landed here Friday transferring a Royal Air Force officer to a Bury St. Edmund's hospital. The officer was in a vehicle accident while on vacation in the Isle of Mann and wished to be close to his home for further medical treatment.

September LES will reflect combat-zone exclusion overpayment

WASHINGTON (AFNS) — About 40,000 Air Force members authorized combat-zone tax exclusion were overpaid in August due to a computer miscalculation which generated erroneous tax refunds.

However, the windfall is temporary. The extra money will be deducted from the September pay of those affected. A finance official said airmen should save the extra money so they don't fall short when the problem is corrected.

Airmen affected by the computer error will have the following on their Leave and Earnings Statements:

☐ There will be at least one entry in the entitlements column that reads "Refund FITW." This means federal income tax withholding. Members claiming a state that withholds taxes will have a corresponding entry for refunding the state income tax withholding.

☐ The remarks area has this statement: "Correct FITW wages/dedtn YTD (232) ... Your 1997 taxable wages have been recomputed due to combat zone exclusion. Please review your LES carefully before W-2s are issued at the end of this year."

☐ The wage-YTD in the "Fed Taxes" block is the same amount shown on the July LES.

If all of these items appear on the member's LES, they were affected by the computer problem.

Communicator captures top professionalism award

By SrA. Lisa Krebs
48th Fighter Wing Public Affairs Office

Joseph Marrs was the winner of the Air Force Communications and Information Award for professionalism in the civilian category for 1996. Marrs, as 48th Communications Squadron chief of records management, is responsible for proper maintenance of Air Force records for the 48th Fighter Wing, and for the Freedom of Information Act and Privacy Act.

Winning the award was a shock to Marrs: "I went into a deep coma, that lasted about two weeks. Then the real impact began to set in. I was very happy. It made me feel honored, but humbled. It makes me want to do a better job.

Doing a better job or taking the initiative is one characteristic that helped Marrs win this award.

Marrs developed "unique aids," in the form of informational handouts about file plans.

Normally, file plans have tables and rules and each rule has an entry that explains how long each record should be kept. But there are thousands, said Marrs. So to make it easier on people, a hand-out was created listing each category of records alphabetically with the corresponding table number. Also, he put record form numbers in sequential and numerical order with the corresponding tables and rules next to them -- cutting down on the amount of time people spend looking for the correct information.

The hand-outs are unique in the Air Force, and have been shared with other U.S. Air Forces in Europe bases.

"I'm a firm believer of do it once, do it right and do it well. If we work together as a team, we can do things easier," he explained.

"I've been with the 48th Fighter Wing for some time, and it's a challenge due to the unique mission, but it's also rewarding to

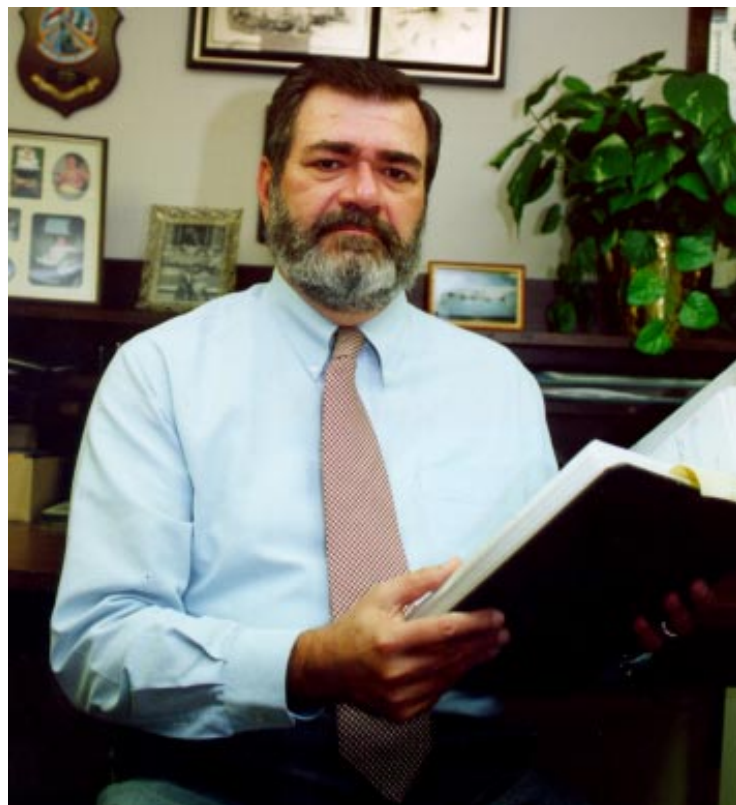


Photo by SrA. Scott Asche

Joseph Marrs

be able to achieve or complete different projects," he said.

"I have a sense of pride, being with the 48th. It's probably the best fighter wing in the Air Force."

Meet the new commander

Lt. Col. Andrew (Andy) R. Scrafford

48th Civil Engineer Squadron

"Liberty Engineers"

Hometown: Downingtown, Pa.

Time in service: 18 years

Recent career history: Air Staff officer at the Pentagon since 1994

Leadership philosophy: Provide your team the guidance and resources and watch them succeed.

Short-term goals: Keep our customers happy.

Personal information: Wife - Shirley

Son - Shaun (12 years)

Daughter - Kathryn (5 years)

Son - Christopher (7 mos)

Hobbies: Sports, cars

How do you fulfill core values? Through self-sacrifice and commitment.

What is the most exciting thing that has happened to you during your Air Force

career? Taking command of the 48th FW Liberty Engineers.

Who is your favorite leader in history and why? There are really two. Lt. Gen. George Patton for his troop leading skills and "can do" attitude and Gen. Dwight Eisenhower for his ability to combine military and civilian leadership skills.

What is your philosophy of life and why? Work hard and have fun. Success comes from hard work, but you need to have fun to keep from burning out.

Who is your role model and why? My father, Richard Scrafford. He lives the core values and taught them to me.

What do you like best about the Air Force? The sense of community, team, and purpose which is hard to get anywhere else.



Photo by SrA. Scott Asche

USAFE post offices commemorate AF birthday with pictorial postmark

RAMSTEIN AIR BASE, Germany (USAFENS)—Post offices in U.S. Air Forces in Europe will commemorate the Air Force's 50th birthday by individually postmarking select mail with a pictorial anniversary cancellation stamp Sept. 18.

The U.S. Postal Service created the USAFE cancellation stamp specifically for use with the new Air Force 50th anniversary commemorative postage stamp. The special cancellation will be available only on the anniversary date. The stamp will be available at all U.S. post offices starting Sept. 18 and features four F-16s from the Air Force Aerial Demonstration Team, commonly known as the Thunderbirds.

Official cancellation stamps are used by the U.S. Postal Service to postmark mail. The postmark is printed over the postage stamp on a piece of mail to render the stamp useless, and record the date and place where the mail originated.

Several post offices in Europe will have the USAFE hand stamp available. Locations in Germany include Ramstein Air Base, Kapaun Air Station, Spangdahlem AB, Rhein Mein AB and Sembach AB. United Kingdom locations include post offices at RAF Mildenhall, RAF Lakenheath and RAF Alconbury. Other participating post offices are in Aviano AB, Italy; Tel Aviv, Israel; and Incirlik AB and Ankara in Turkey.

Free USAFE postcards also will be available at participating post offices. "Our idea is to offer people a USAFE anniversary postcard as they purchase the Air Force commemorative stamp and then, if they wish, apply the pictorial cancellation stamp," said Col. Ray Shepherd, USAFE Public Affairs director.

"Participating post offices will individu-



ally hand stamp customers' mail with the USAFE postmark," said Yvonne Radloff, public affairs representative for the USAFE Air Postal Squadron.

"Simply take your mail or USAFE postcard to the counter, attach an Air Force 50th anniversary commemorative stamp on it, and ask the postal clerk to use the USAFE pictorial cancellation stamp," she said.

USAFE officials expect a large demand for the commemorative items and customer lines at the postal window may be longer than usual, Radloff said.

"Many military personnel collect postmarked mail or stamps as keepsakes (of their travels abroad)," said Tech. Sgt. Anthony Tranker, USAFE command postal manager.

"Some military people actually collect stamps and postmarks from every place

they've been in their career, especially overseas," he added.

"Remember, if the customer wants, each piece of mail will be postmarked one at a time using a hand canceling device instead of an automated machine," Radloff said. "These cancellations are labor intensive and we need our customers to be patient."

The USAFE pictorial postmark will be available only for one day, but supplies of the 50th anniversary stamp are expected to last much longer.

"Special edition stamps like these are normally available at any post office for up to six months," Tranker said, "but we expect the Air Force stamp to be available much longer. Many post offices at or near Air Force bases should have ordered additional quantities (to meet) the expected demand."

Breaking the fast

From right, SSgt. Oliver Martin, 48th Street Cafe manager, Col. Mike Ehrlich, 48th Support Group commander, and Col. Raymond Barbera, 48th Medical Group deputy commander, sample breakfast at the 48th Street Cafe's grand opening Tuesday. The cafe offers a limited self-service continental breakfast from 6:30 - 8:30 a.m.

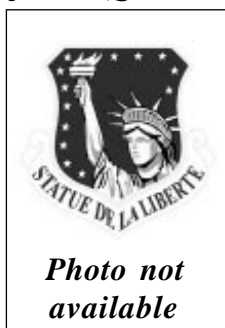


Photo by SrA. Robert Gerlach

48th Fighter Wing Award Winners

Liberty Wing quarterly award winners

Company Grade Officer of the Quarter



Capt. Richard Elmore
48th Contracting Squadron

Senior NCO of the Quarter



SMSgt. Terrance Douglas
48th Medical Support Squadron

NCO of the Quarter



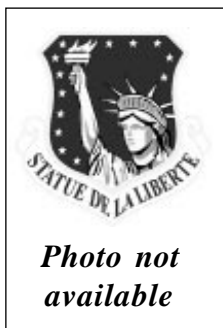
SSgt. Lynn Higginbotham
48th Medical Support Squadron

Airman of the Quarter



SrA. Mica Wren
48th Equipment Maintenance Squadron

Civilian Supervisor of the Quarter



Michael Sherrod
48th Supply Squadron

Civilian Nonsupervisor of the Quarter



Kerry Cobb
48th Medical Support Squadron

Officer promotions

The following are September's officer promotions:

To lieutenant colonel

John Harris, 48th Equipment Maintenance Squadron.

To major

Stuart Johnson, 48th Operations Support Squadron; **David Kensinger**, 48th Operations Group; **Peter Lambert**, 48th Fighter Wing; **John Morley**, 48th EMS; and **Philip Walgreen**, 492nd Fighter

Squadron.

To captain

Heidi Spalt, 48th FW and **Brett Provinsky**, 492nd FS.

Enlisted promotions

The following are September's enlisted promotions.

To master sergeant

Chris Adams, 48th Security Forces Squadron; **Edwin Lomans**, 451st Intelligence

Squadron; **Paul Moose**, 5th Space Surveillance Squadron; **Valentine O'Callaghan**, 492nd FS and **James Wymes**, 48th Communication Squadron.

To technical sergeant

Toby Bryan, 48th Component Repair Squadron; **Mark McLaughlin**, 48th Transportation Squadron; and **David Scott**, 492nd FS.

To staff sergeant

James Brown, 48th SFS; **Jeffrey Creal**, 48th CRS; **Jimmy Evans**, 48th CS; **Philip**

See Awards page 21

News notes

USAF Test Pilot School selection board convenes

The next annual U.S. Air Force Test Pilot School selection board meets Jan. 26. New applications must be submitted by Nov. 21 to: HQ AFPC/DPAOY3, 550 C Street West, STE 31, Randolph AFB, TX, 78150-4733. Officers with applications on file must update their applications by Nov. 21. Continental United States applicants must have one year time-on-station and overseas applicants must be within 60 days of completing their required overseas tour by the test pilot school class report date.

Mandatory uniform changes

It is mandatory to wear the U.S. Air Forces in Europe patch on the right pocket of the battle dress uniform beginning Oct. 1. Also, wear of the new stripes is mandatory Oct. 1. Wear of the aircrew-style name patch will no longer be authorized after Sept. 30. Call the military personnel flight at Ext. 1845 for more guidance.

Air National Guard

The Massachusetts Air National Guard in Westfield has vacancies. Individuals interested in a Palace Chase/Front assignment should call MSgt. Val Popoli, TSgt. Deborah Shilaikis or TSgt. Pete Thompson at DSN 636-9567.

Fiscal year 98 physician assistant training

The fiscal year 1998 physician assistant training program has been released. Applications are due to the military personnel flight classification and training office by Jan. 2. For more information call SSgt. Rachel Cox at Ext. 3623.

Internet delivers facts for importing cars stateside

MANNHEIM, GERMANY (USAFENS) – Service members and U.S. civilian employees can now get facts via the Internet on shipping vehicles to the United States.

The U.S. Customs Service offers its electronic "Importing a Car" pamphlet at: www.customs.ustreas.gov/imp-exp/car/car.htm.

This web page offers tips on converting foreign vehicles to U.S. emission and safety standards, washing requirements to prevent spreading diseases stateside and importing a vehicle without paying duty.

For people with foreign vehicles that

were not built to U.S. standards, the Department of Transportation has a site listing the latest registered importers at: www.nhtsa.dot.gov/cars/rules/import/rili0797.html. You can find out which DOT licensed companies can enter your foreign-specification vehicle into the United States.

Before importing one of these vehicles, shippers must sign a contract with a registered importer who must certify in advance that the vehicle model is convertible. The vehicles must be entered under a bond for one and a half times their dutiable value. Vehicles made before U.S. standards came into effect do not need conversion but still must be imported through a registered importer. (USAFENS)

Don't mail meat products

The U.S. Department of Agriculture is levying fines on U.S. citizens who mail banned meat products to the United States from Europe.

People caught mailing red meat and sausage which is not U.S.D.A.-approved face a minimum \$250 fine, according to David Reeves, agriculture department adviser to U.S. European Command, Stuttgart Air Base, Germany.

Certain foods, including meats, are banned in the United States because of diseases they may carry. Imported diseases and pests have cost the U.S. taxpayer millions of dollars in the past, according to Reeves.

A customs declaration describing the contents must accompany all packages bound for the states. In many cases, people try to mail meat products by mislabeling the contents of their packages, Reeves said.

More information on importing meat products is available at the military customs office. (USAFENS)

Recruiting positions open

RANDOLPH AIR FORCE BASE, Texas (AFNS) – The Air Force currently has approximately 265 recruiting positions open for staff sergeants, 140 for technical sergeants and 20 slots for master sergeants.

Members must have less than 16 years of total active federal military service. Senior airmen with between three and six years are also eligible to apply.

For more information, call the military personnel flight's customer service section at Ext. 1854 or call the Recruit-the-Recruiter team at DSN 487-3511 or 3512 or commercial (210) 652-3511 or 3512.

Liberty Warrior

'Can do' person of the week



Photo by SrA. Scott Asche

SSgt. Jim Mcle

372nd Training Squadron,
Detachment 16

Hometown: Laurencekirk, Scotland

Time in service: Seven years, six months

Time on station: One year, six months

Role in mission: I provide aircraft systems training to the F-15 maintenance community.

Hobbies: Reading, music and running after my kids.

Favorite book: "Stalking Tender Prey" by Storm Constantine

Favorite color: Purple.

What advantages are there to being stationed here? Football (soccer) and international rugby.

What would you most like to change about the Air Force? The growing gap between officer and enlisted pay.

What was the last book you read? Why did you read it? "Scenting Hallowed Blood" by Storm Constantine. It's the second in a trilogy.

If you could be or do anything, what would it be? I'd be very rich.

Who is your favorite leader in history and why? William Wallace. A patriot who rallied a people against tyranny and who was eventually betrayed and murdered. The movie didn't do his life justice.

What's your favorite region of the United States and why? The northern states, because the seasons and the people are great.

Who do you think has been the most influential political person in the United States this century? John F. Kennedy.

What is your greatest achievement? My family.

What is your most memorable experience in Europe? The birth of my son, Keiron.

Liberty Football

Story and photos by SrA. Jeff Capenos
48th Fighter Wing Public Affairs office

The RAF Lakenheath Liberty football club enters its second season this month as the only all-American team playing in the local Bury and District Division three league.

The team is playing 28 games this season against clubs including Ipswich and Bury St. Edmunds. Liberty FC finished 5-20-3 last year in their maiden season but hopes to do better this season.

"Although we've had turnover in players, we're looking forward to this season," said Jim Nix, Liberty FC manager and player. "We've had great coaching this year and the guys have good skills. We're hoping to improve our record."

Watch the Jet 48 for game times and locations and results and standings of our Liberty team throughout the season.



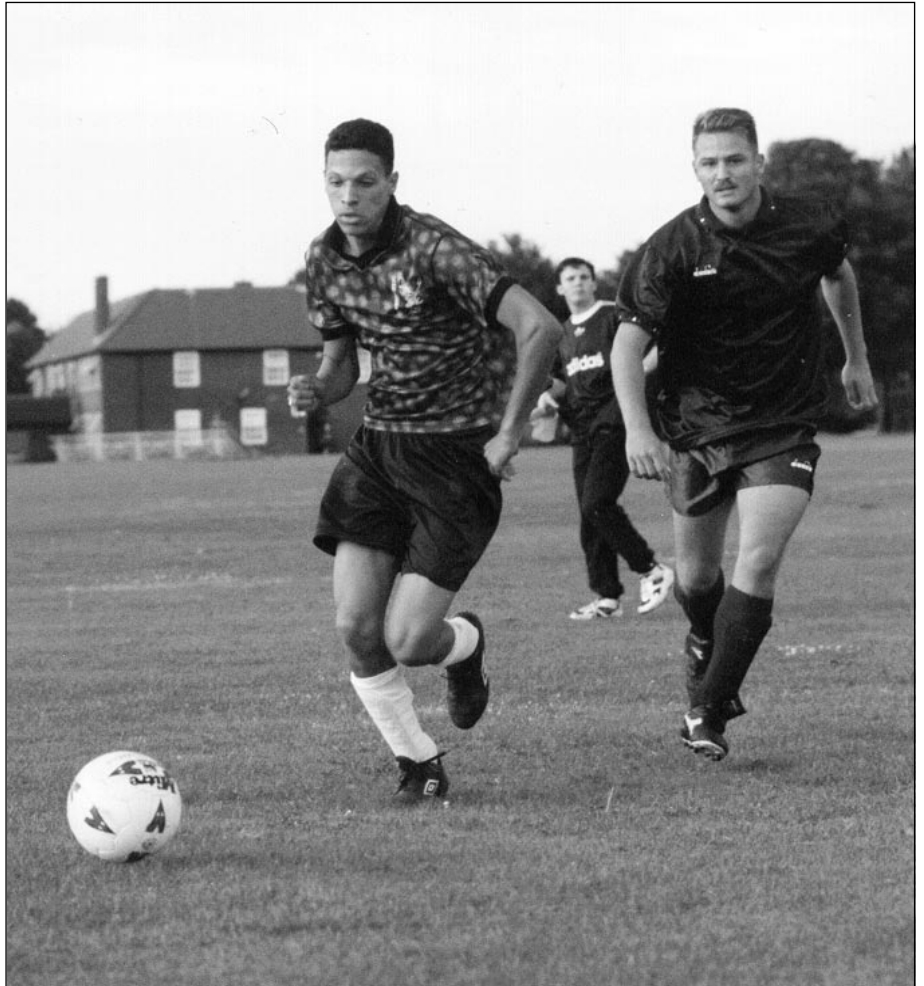
The Liberty FC coach, Travis Clark, goes over a strategy before the game.

Right, Wayne Jones practices dribbling the ball. Far right, a Liberty FC player tries to avoid a tackle.



On the Cover

Drew Baxley, Liberty FC player/coach, practices ball handling skills.



A Liberty FC football player chases down a pass as an RAF Mildenhall defender pursues.



Program alleviates stresses of finding child care

Reliable and affordable child care is a major quality of life factor for many Liberty Wing members. Newcomers often find it difficult to arrive at a new location and find dependable child care. RAF Lakenheath's family child care program helps alleviate the stresses involved with finding child care by providing quality, developmental care for more than 180 children in seven housing areas.

Family child care is the care provided in the home of another family residing in government housing. Care is not limited to daylight hours, and anything more than 10 hours a week on a regular basis is considered child care. Individuals must have a license to do child care in government housing. FCC providers offer developmentally appropriate care for children ranging from ages two weeks to 12 years. Up to six children may be cared for at a given time, including the provider's own children, under the age of eight. Of the children cared for, only two may be under the age of two. FCC providers offer variety and flexibility in their programs by caring for children on a full-time, part-time, hourly, evening, weekend, swing shift and extended care basis.

"Being a family child care provider is much more than being a baby-sitter," said Kimberly Beck, family child care coordinator. "Our providers are extensively trained in early childhood development and are committed to providing quality care. They are licensed through our program by the 48th Support Group commander based on a recommendation from the family child care panel."

The family child care panel consist of various base agency representatives, including, the fire department, military public health, security forces, family advocacy, drug and alcohol, safety and pediatrics.

"The panel makes their recommendation based on the results of criminal history, national and local agency checks, inspections and training. The panel insures that only the most qualified applicants become licensed providers," said Beck.

FCC providers must be 18 years or older, able to speak, read and write English, and a family member of a military or government service employee residing in government housing. FCC provider licensing requirements also include a 16-hour orientation training, CPR, first aid, and food handler's certification. Each applicant is also inspected initially and annually by the fire, safety and public health offices. Upon licensing, providers receive unannounced home visits on a monthly basis to ensure health and safety requirements are met. Additionally, providers receive on-going training from the FCC staff. Each FCC provider must complete 15 training modules, four hours of training credit each, covering program management, safety, health, learning environment, communication and other topics related to early childhood development and education. Caregivers are required to serve nutritionally sound meals and receive training and advice on nutrition through the program staff and base dietitian.

Becoming a child care provider through the program offers many benefits to both providers and parents. According to Beck, the biggest attraction to becoming a provider is being able to work in your own business.

"FCC providers are able to stay at home with their own children while making money," said Beck. "Many of our providers have laid a foundation for a career by pursuing a degree in Early Childhood Development. The FCC program helps them accomplish this because the FCC modules are worth six college credits."

As an additional bonus, providers set their own wages and their earnings are exempt from federal and social security tax.

"Providers can earn anywhere from \$11,000 to \$19,000 a year if they are providing full-time care for four children, or anywhere from \$8,600 to \$24,000 for various hours of hourly, evening and extended care service for four children," Beck said. "The opportunity to earn an income while remaining at home with your own children solves the dilemma that many working/professional women face. I know that FCC is a great employment option because I did it for four years myself."



Photo by SrA. Robert Gerlach

The family child care program ensures community children receive proper care and activity throughout the base's family housing areas.

With any new business there are initial expenses. To help defray these costs, each applicant is provided a start-up kit through the FCC lending program. They receive first-aid supplies, a fire extinguisher, safety gates, step stools, shelving, outdoor equipment and various toys and child-sized furnishings. The lending program has a host of infant, toddler and school age materials and resource books that providers can borrow and return while they are licensed.

"We want to help keep operating costs low," said Beck. "This program allows them to keep new and interesting toys, materials and activities in their programs without spending a fortune to do it. Keeping the provider's costs down helps us to pass the savings on to the military families using FCC." The prices for full-time care vary from \$70-\$100 per week with the average cost being \$85 a week.

Receiving quality care is an issue for all parents. People want to get what they pay for.

"We have a commitment and a responsibility to provide the best care possible in our programs," said Beck. "FCC staff and providers work together to ensure our program offers the same quality of care that parents can receive in Air Force child development centers. In our last inspection, our program received a score of 99 percent. Our score reflects the providers dedication and commitment to providing quality care."

Currently, there are 40 licensed FCC homes throughout the Lakenheath community. A list of child care openings may be obtained at the FCC office, located next to the Family Support Center.

The FCC program offers monthly orientation training for those interested in becoming providers. The next class will be held from 8:30 a.m. to 2:30 p.m. daily between Sept. 9-18 at the chapel.

"We need more quality providers to meet the needs of this community," stated Beck. "There is a demand for infant, swing shift and flexible schedule care. Our country is taking the child care profession more seriously. We now have a National Family Child Care Provider Appreciation Day."

For more information on becoming a provider or registering a child with a provider, call the family child care office at (01638) 523718.

(Provided by the family child care office.)



Discover Britain

By Linda Laws
Community relations advisor

Summer's almost over

But it doesn't have to lead to hibernating on base

The summer's almost over, but there are still many things going on in our local community to tempt you outside the base.

In the countryside

In this rural part of England, we are surrounded by accessible countryside we can enjoy. Whether it's a short stroll or a long hike, or if you are looking to enjoy nature or bird life at the same time, it's all here. The nearest opportunity to do this is at Thetford Forest Park, which has 50,000 acres of pine forest with heathland and broadland areas. Bicycle hire is also available by calling (01842) 810271.

The North Norfolk coast is a particular favourite with walkers, and the area includes a site of special scientific interest with bird- and national-nature reserves.

On the water

Even if you're not a sailor, spending time on the water can be fun. East Anglia has many rivers and waterways to enjoy. One of the most popular is the Norfolk Broads, an area which lies to the east of Norwich. There are many companies offering daily boat trips of varying lengths. These include Broads Tours Ltd, Wroxham, (01603) 782207, and the Mississippi River Boat (a double-decker paddle steamer) based at Horning, (01692) 630262. Other river craft are available for private hire and can offer peace and tranquility away from the hustle and bustle of everyday life.

❑ In Cambridge, the River Cam is popular for its punts – you can try it yourself or hire someone who is experienced. I am convinced some of the spectators are there only to see how many people fall in because they didn't let go of the pole.

❑ If you are seeking the excitement of competitive water sports, then the centres at Grafham Water, Huntingdon, (01480) 810521, Alton Water near Ipswich, (01473) 265131, or the Tallington Lakes Watersports Centre, (01778) 346342, may be more appealing.

Two or more wheels

Wildtracks activity park has go-karting, quad bikes, motor-cross riding and four-wheel driving and will cater activities to group needs. Call (01638) 751918 for details. There is also go-

karting at Red Lodge, (01638) 552316, and Ipswich, (01473) 240087.

Heritage

There is a wealth of properties in East Anglia that show what life was like in by-gone days. Many of these properties are under the care of organisations such as the National Trust and English Heritage, but some are still privately owned. Most properties close between November and March, but there are still several weeks to seek them out. National Trust properties include Ickworth Park, just outside Bury St. Edmunds; Wimpole Hall and Wimpole Home Farm, Royston, Cambridgeshire; and Blickling Hall near Norwich in Norfolk. English Heritage properties include Framlingham Castle, East Suffolk; Audley End, Essex; Grimes Graves, Norfolk; and Castle Acre Priory and Castle in Norfolk.

Many properties have special events, such as country fairs, outdoor music concerts, jousting competitions and battle re-enactments which draw large crowds. These beautiful, old properties provide the perfect backdrop for such events.

If you intend to visit a number of castles, it's worth considering becoming a member of either organisation. For National Trust call (01263) 733084 and for English Heritage call (0171) 973 3400. Annual memberships give free admission to properties and reduced rates for special events.

Visiting a pub

Sometimes a quiet drink in a real English pub is just the thing for the weekend. There are a great variety to choose from and many now have restaurants attached where your family and friends can get a reasonably priced meal. There are stores that sell books explaining all you need to know about English pub culture, and there is one guide which helpfully combines walking and visiting pubs.

If you have never been to a pub before, the first thing you will need to know is that you have to go to the bar to order your drink – otherwise you might get thirsty waiting for service. In a lively city such as Cambridge, which also has a large student population, popular pubs can get very crowded. Some pubs offer live music too, so if that is not what you had in mind you'll have to do a little research first to find the pub which suits you best.

Upcoming events

❑ Sept. 6 – Breckland Tattoo, Attleborough, Norfolk (off the A11). The tattoo features massed military bands, the RAF Falcons Parachute Display Team and many other colourful attractions. A special feature this year is a star-studded Magic of the Musicals with a cast of more than 1,000. A matinee performance is at 2:30 p.m. and a floodlit performance is at 7:30 p.m. followed by fireworks. Tickets cost from £3 to £14, depending on show time. Call (01842) 766055.

❑ Sept. 27 – 28 – Sealed Knot Battle Re-enactment, Thorpe Hall, Peterborough. The fields surrounding Thorpe Hall will be turned into a battleground for a spectacular battle re-enactment. Hundreds of 17th-century soldiers and their families, in authentic costume, will spend the weekend providing visitors with a glimpse of the past. Battles will take place each afternoon with cavalry, artillery and foot soldiers based on events such as the Battle of Naseby. When not in battle, the soldiers will be training or taking part in the Council of War. A surgeon will be on hand for "operations," and "hangings" are a possibility. In addition, there will be a Medieval country fayre, falconry display and trade and craft stands to interest all the family.

It's open from 10:30 a.m. – 5 p.m. Admission is £4 for adults, with reductions for children. Call Newton Wills at (01733) 330060 for details.

Special service

A memorial service for Princess Diana will be held in the Cathedral, Bury St. Edmunds, Saturday at 6:30 p.m. A book of condolences will be available.

Linda's tip

Forest Heath District Council have a project which needs volunteers to design and paint a sky scene on the ceiling of a building in Brandon Country Park. Materials will be supplied – all that is needed is your time and talent. Call me at Ext. 3145 if you are interested.

Volunteer counselors needed

The 48th Fighter Wing Equal Employment Office needs civilian volunteers to be EEO counselors. Counselors help people resolve complaints at an informal stage, and help people prepare and file formal complaints. Counselors will receive training. Send a written request with qualifications. The request must include supervisor's approval as counselors can devote up to 10 percent of their time volunteering. Submit requests to Capt. Kimberly Kelly, 48Fighter Wing social actions. Call Ext. 3278 for more information.

OCSC holiday bazaar

The annual officers' and civilians' spouses' club holiday bazaar is Oct. 3-5. This year's event will have more than 190 vendors in three hangars. The bazaar will open from 6 - 8 p.m. Oct. 3 to military identification card holders. It will open to the public from 9 a.m. - 6 p.m. Oct. 4 and 10 a.m. - 5 p.m. Oct. 5.

OCSC scholarships

Applications for two \$600 undergraduate scholarships and a \$600 graduate scholarship sponsored by the officers' and civilians' spouses' club are available at the education center.

Applicants must be the spouse of a military member or Department of Defense civilian. Their sponsor must be stationed at RAF Feltwell or RAF Lakenheath. For more information call Heather Flores at (01638) 532956.

Expanded hours

The RAF Lakenheath base exchange and the home-and-crafts store expand their hours beginning Monday. The BX will open from 9 a.m. - 9 p.m. Mondays through Saturdays

and from 10 a.m. - 7 p.m. Sundays. The home and crafts store will open from 10 a.m. - 7 p.m. Mondays through Saturdays and from 10 a.m. - 6 p.m. Sundays.

Self-care program

A training session on self care is available by appointment to active-duty military members, Department of Defense workers and family members.

Participants receive a free book called "Taking Care of Yourself." People with children under 16 will receive another book titled "Taking Care of Your Child." For more information call Ext. 2710.

Club Beyond

Parents of middle and high school students are invited to the parent support group of Club Beyond's monthly parent meeting 6 p.m. Tuesday at the chapel. For more information call Ext. 3711.

Preschool program

The RAF Mildenhall American Youth Association is considering a preschool enrichment program. The program is structured for children 4 - 5 years old. A minimum of 18 children is needed to start the program. For more information call Jan Brunson at 89-3046.

Health, wellness center

The health and wellness center sponsors the following classes:

- ☐ A stress management course is from 1 - 3 p.m. Fridays until Sept. 26.
- ☐ A health workshop class is from 7:30 a.m. - 12:30 p.m. Thursday and from 11:30 a.m. - 4:30 p.m. Sept. 18. The follow-up class is from 1 - 4 p.m. Sept. 25.
- ☐ A tobacco cessation class is from

noon - 1 p.m. Wednesdays. The class runs until Oct. 29.

☐ The center also offers advice on health, exercise, physical and fitness issues, body fat and cholesterol testing and self-care information.

For more information call Ext. 2710.

TRICARE briefings

TRICARE briefings are held at 2 p.m. Thursday and Sept. 26 at the base theater and 7 p.m. Thursday, Sept. 18 and 25 at the 48th Medical Group conference room. The briefings will address changes taking place Oct. 1.

Yuletide bazaar

The RAF Mildenhall Enlisted Spouses' Club holds its annual Yuletide bazaar Nov. 14 - 16.

Interested vendors should call Becky Cardenas at (01353) 862947, or Linda Carrisal at (01638) 533294.

Also, the officers' and civilians' spouses' club needs volunteers for the annual holiday bazaar. For more information call Sara Lynn Vied at (01638) 532582.

Volunteer tour guides needed

Public affairs needs volunteers to give base tours for the community relations program. Volunteers must have a restricted area badge with escort privilege for the flight line and a flight-line drivers license. Anyone interested in being a tour guide should call SrA. Sarah Franco at Ext. 5639.

University of Oklahoma

University of Oklahoma offers a 34-hour non-thesis Master of Human Relations degree. To enroll for the fall courses or for more information, call Barbara Lamont at Ext. 3125.

Recycling drop-off

There is a recycling drop-off point for RAF Feltwell on Cardington Road across from the child development center. There are bins for glass bottles, aluminum and steel cans, newspaper and magazines, cardboard and plastic bottles. For more information call SSgt. Dave Berdis at Ext. 3988.

Breast cancer prevention

An oncology-certified registered nurse teaches classes to groups of two - 50 people, at a location of their choice, on breast self-examination, clinical breast exams and mammography.

Classes are 20 - 30 minutes long and are also available at 10 a.m. Fridays at the RAF Lakenheath Health and Wellness Center and at 10 a.m. Tuesdays at the RAF Mildenhall Health and Wellness Center. Call Ext. 6396 to sign up.

School's column

Open house

- ☐ RAF Feltwell Elementary, 4 p.m. Tuesday
- Liberty Intermediate School, 4 p.m. Tuesday
- ☐ RAF Lakenheath Middle School, 3 p.m., Wednesday
- ☐ RAF Lakenheath High School, 4:45 p.m. Thursday
- ☐ RAF Lakenheath Elementary School, 4 p.m. Sept. 1

School advisory

Parents who wish to become members of the student advisory council should call the school their child attends.

Councils meet monthly and address parental concerns and work with school officials to help enrich the school environment. To find out the date of the next council meeting, call the individual school.

Crossing guard slot

A crossing guard is needed for the Lordswalk/Exeter Crescent school crossing in Phase III housing and the Southery Road/Portal Close crossing near RAF Feltwell Gate 2. Uniforms and training are provided.

Anyone interested in this paid position should call Lt. Col. Don Gemeinhardt at Ext. 4210 for more information.

Award

From page 10

Molaison, 48th OG; **Morris Myers**, 48th EMS; **James Ramsey**, 494th Fighter Squadron; **Gary Reed**, 48th EMS; and **Scott Underbrink**, 48th Operations Support Squadron.

To senior airman below-the-zone

Kathryn Casey, 48th CS; **Ronald Chantung**, 48th EMS; **Andrea Cutcher**, 492nd FS; **Anthony DeRose**, 492nd FS; **Keith Mathieu**, 493rd FS; **Michael Mosher**, 48th EMS; **Joseph Smith**, 492nd FS; **Joseph Stewart**, 48th CRS; **Tracie Timmerman**, 48th Mission Support Squadron; and **Jason Vanderworth**, 48th CRS.

To senior airman

Adrien Adams, 48th Aerospace Medicine; **Troy**

Altevers, 48th EMS; **Andrea Andreassen**, 48th SFS; **Juan Avila**, 48th CRS; **Reza Behinia**, 48th AMDS; **Robert Bunch**, 48th Medical Support Squadron; **Christopher Carlsson**, 48th Civil Engineer Squadron; **Sergio Carrillo**, 48th FW; **Lisa Colter**, 48th Supply Squadron; **Ernest Dingus**, 48th CRS; **Patrick Dougan**, 493rd FS; **Alicia Gidney**, 48th SUPS; **Larry Goodwin**, 48th CES; **Jason Guadalupe**, 48th Medical Operations Support Squadron; **Robert Hees**, 48th CES; **Joshua Heit**, 48th CRS; **Ulysses Johnson**, 48th MDSS; **Michael Larson**, 493rd FS; **David Louque**, 492 FS; **Christopher McGovern**, 493rd FS; **Robert Morrison**, 493rd FS; **Michelle O'Brien**, 48th SUPS; **Vaughn Orbash**, 493rd FS; **Clifton Pegee**, 494th FS; **Michael Pentz**, 48th CRS; **Thomas Perry**, 494th FS; **Matthew**

Petrie, 48th Dental Squadron; **Matthew Pickens**, 48th CRS; **Ricardo Ramos**, 48th MDSS; **Todd Simmons**, 48th SFS; **Ricardo Smaltino**, 494th FS; **Darryll Stewart**, 48th Services Squadron; **Jaime Sullivan**, 48th Mission Support Squadron; and **Christopher Wright**, 492nd FS.

To airman first class

David Bader, 48th CS; **Christopher Black**, 493rd FS; **Kathryn Buffone**, 48th MDSS; **Kathleen Burd**, 492nd FS; **Susan Earles**, 48th MDOS; **Jennifer Fields**, 48th MDOS; **Larry Gilbert**, 48th SUPS; **Kevin Hamm**, 48th EMS; **Jason Heard**, 48th MDSS; **Kathryn Higginbotham**, 48th MDSS; **Brian Hopper**, 48th SFS; **Jarrett Jackson**, 48th CES; **Vanessa Kidby**, 48th CS; **Andrew Letzerich**, 48th EMS; **Vivian Lowe**, 48th CES; **Alan**

Matthews, 492nd FS; **David Meredith**, 48th SFS; **Jesse Montez**, 48th SFS; **Aaron Orta**, 493rd FS; **Kenneth Randall**, 494th FS; **Terence Rogers**, 48th EMS; **Thomas Strickland**, 48th MDSS; **Charles Tolbert**, 493rd FS; **James Tucker**, 48th SUPS; **Keith Welch**, 48th SFS; **David Whitfield**, 48th EMS; **Chandra Wolfe**, 48th SFS; **Lisa Wood**, 48th CS; and **Stephen Ziglear**, 493rd FS.

To airman

Nelson Andrade, 48th SUPS; **Leroy Blake**, 48th SUPS; **Julie Bordeaux**, 48th SUPS; **Blade Bricker**, 48th SUPS; **Tahesha German**, 48th MDOS; **Luis Gomez**, 48th CRS; **Christopher Jackson**, 48th CRS; **Carrie Stippich**, 48th CS; **Chad Stowe**, 48th MDSS; **Casey Tanner**, 48th CRS; **Marcus Washington**, 48th OSS; and **Xavier White**, 48th CS.

48th Fighter Wing Top Gun winners

F-15C Top Guns

Top overall and top wingman, **Capt. David Kirk**; top two-ship flight lead, **Capt. Jerry Heikkinen**; top four-ship flight lead, **Capt. Jeff Samuel**; top flight, **C flight**.

F-15 Air-to-Air Top Guns

Top pilot, **Capt. Houstoun Waring**, 48th OSS; **Capt. Todd Canterbury**, 492nd Fighter Squadron and **Maj. Al Cross**, 492 FS. Top weapon systems officer, **Capt. Sean Southworth**, 48th OGV; **Maj. Steve**

Sokoly, 48th OSS; and **Capt. Clayton Marshall**, 492 FS. Top flight, **A flight**, 492 FS; **E flight**, 492 FS; **B flight**, 492 FS.

Air to Ground Top Guns

Low-angle, high-dive, **Lt. Kevin Weppner**, 494 Fighter Squadron; **Maj. Norman Reece**, 494 FS; and **Maj. Al Cross**, 492 FS.

Low-angle, low-dive, **Capt. Adrian Schuettke**, 494 FS; **Capt. David Kensinger**, 48 OGV; and **Capt. Paul Rastas**, 492 FS.

Systems-level delivery, **Lt. Col. C.D. Reed**, 494 FS; **Capt. Mike Webb**, 494 FS; and **Capt. Paul Knapp**, 492 FS.

LOFT (climbing delivery), **Capt. Paul Vied**, 492 FS; **Capt. Brian Killough**, 494 FS; and **Maj. Jeff Baker**, 492 FS.

Overall Pilot, **Weppner**, **Capt. Steve Schwartz**, 48 OSS; and **Schuettke**.

Overall WSO, **Vied**, **Capt. Dale Williams**, 492 FS; and **Maj. Robert Cunningham**, 492 FS.

Top flight, **D**, 492 FS; **B**, 492 FS; and **B** 494 FS.

Other Award winners

□ **Amn. Lucas Buehrer**, 48th Supply Squadron fuels management flight, won first place in the R-11, 6,000-gallon aircraft refueling unit, backing event, at the 1997 U.S. Air Forces in Europe Supply and Fuels Readiness Competition Aug. 1 - 3. Buehrer will compete in the Air Force-wide Emerald Coast Supply Fuels Rodeo as a member of the USAFE team.

□ 48th Fighter Wing Mission Support Squadron quarterly award winners are: **Lt. Becky Knapp**, company grade officer of the quarter; **MSgt. Allsion Roberts**, senior non-commissioned officer of the quarter; **TSgt. Tom Woolard**, noncommissioned officer of

the quarter; **SrA. Steve Jones**, airman of the quarter; **John Hillis**, civilian of the quarter; and **public affairs**, team of the quarter.

□ The 48th Supply Squadron quarterly award winners are: **Capt. Richard Baird**, CGO of the quarter; **MSgt. Lester Shifter**, SNCO of the quarter; **TSgt. Gregory Fields**, NCO of the quarter; **A1C Alicia Gidney**, Amn. of the quarter; **Nigel Nudds**, civilian of the quarter; and **Michael Sherrod**, civilian of the quarter, supervise.

□ The 48th Civil Engineer Squadron quarterly award winners are: **Capt. Kathy Pfeifer**, CGO of the quarter; **MSgt. Tony Williams**,

SNCO of the quarter; **SSgt. Jeremy Kitzhaber**, NCO of the quarter; **Amn. John Coats**, Amn. of the quarter; and **Dennis Branch**, civilian of the quarter.

□ The 48th Dental Squadron quarterly award winners are: **MSgt. Joseph Neumann**, SNCO of the quarter; **TSgt. Terry Ferguson**, NCO of the quarter; and **SrA. Nathan Addison**, Amn. of the quarter.

□ Garden of the month winners for August: **RAF Lakenheath**, **TSgt. Charles and Christine Long**; Satellite areas, **SrA. Michael and Susan Sands**; leased housing, **Donald and Susan Bolton**.

What's on at Services

Friday	Saturday	Sunday
<ul style="list-style-type: none"> ☐ "Aircrew appreciation night" is from 5-9 p.m. at the officers' club. (Ext. 3636) ☐ A "TGIF" membership buffet is from 5-7 p.m. at the Liberty Club. (Ext. 3869) ☐ Piano and guitar lessons are from 3:30-7:05 p.m. at the youth center. (Ext. 3180) 	<ul style="list-style-type: none"> ☐ The Colourama bowling tournament begins at 7:30 p.m. at Liberty Lanes. (Ext. 2108) ☐ A shoot-out begins at 6 p.m. at the golf course. (Ext. 2223) ☐ There is a DJ night from 9 p.m. - 1 a.m. at the Liberty Club. (Ext. 3869) 	<ul style="list-style-type: none"> ☐ There is a "South of the Border" Sunday brunch from 10 a.m. - 2 p.m. at the Liberty Club. (Ext. 3869) ☐ There is an a la carte Sunday brunch from 9 a.m. - noon at the officers' club. (Ext. 3636) ☐ Football night is from 6-11 p.m. at the Freedom Café. (Ext. 3869)

Frequent shopper's program

Electric Avenue offers a frequent shoppers program. Pick up a frequent shopper's card and spend \$5 or more to get a stamp. After 10 stamps, cards get entered into a drawing for a cash prize. The next drawing is Dec. 19 for a \$300 shopping spree. The offer is also valid at Electric Avenue 2 at RAF Feltwell. The drawing is sponsored by GEICO Insurance.

Theater shows canceled

The Information, Tickets and Tours office has been notified that several London theater shows will be canceling their matinee performances on Sept. 13 due to the funeral of Princess Diana. Call Ext. 2979 if you need tickets purchased through ITT to be exchanged or refunded.

Upcoming ITT Trips

Information, Tickets and Tours offers the following day trips: Knebworth flower show,



Menu

Today
Lunch: scalloped ham and potatoes, Creole chicken, tempura-fried fish
Dinner: steak with onions, roast fresh ham, tuna noodle casserole

Saturday
Brunch: Yankee pot roast, turkey spinach delight
Supper: Hungarian goulash, grilled polish sausage, chicken cacciatore

Sunday:
Brunch: roast veal, turkey pot pie
Supper: vegetarian spaghetti, Swedish meatballs, barbecue pork loin

Monday
Lunch: pasta fagioli, Cajun meatloaf, herbed lemon and baked fish
Dinner: pepper steak, pancit chicken, pork chops with apple rings

Tuesday
Lunch: stir-fry beef and broccoli, pork adobo, sesame chicken
Dinner: roast beef, red beans and sausage, turkey pasta

Wednesday
Lunch: tacos, chicken enchiladas, tamale pie, burritos
Dinner: lasagna, scalloped tuna and peas, savory-baked chicken

Thursday
Lunch: beef stew, baked and stuffed pork chops, herbed Cornish hens
Dinner: Ginger pot roast, French bread pizza, curried chicken with brown rice

Cadbury World and Merry Hill Mall, London pub walk, London historical, Woburn Abbey Autumn craft fair or Duxford Air Show. For more information on these or any other ITT trips, call Ext. 2979.

September Specials

Services offers the following September specials: Equipment rentals - 10-percent off all canopy prices; The Pedaler Bike Shop - 10-percent off all helmets in stock; the arts and crafts center - \$5 off sports shirts, \$1 off T-shirts, 10-percent off Hama bead kits and faster-plaster kits and 20-percent off candle-making; The Woodcrafts center - 10-percent off sandpaper, glues, finishing kits, dyes, stained glass and plywood; and the auto crafts center - a free tire and light safe check.

Self Esteem 'E' words

The RAF Lakenheath Community Activity Center offers a workshop entitled "E Words" that examines the inter-relationships of self concept and self esteem. Students learn to use affirmation, confirmation and the "E" words to develop self esteem. Cost is \$30. To sign up call Ext. 2221.

Auditions for "Play On"

Auditions for the November theater production "Play On" are from 7-9 p.m. Sept. 16, 17 and 18 at the RAF Lakenheath Community Activity Center. For details call Ext. 2221.

Movie tickets

Advance tickets for movies are available at Special T's for the Pineview theater at RAF Lakenheath and the RAF Mildenhall food court for the Box D theater at RAF Mildenhall. Only 100 advance tickets per show are sold. Box offices open an hour before the first movie of the day and people can purchase tickets for any show that day. Seating is on a first-come, first-served basis.

At the movies

RAF Lakenheath

Today

7 p.m. - **"Buddy"** (PG) Starring Rene Russo and Robbie Coltrane. Gertrude Lintz, a 1920s eccentric New York socialite, rescues an ailing baby gorilla from the zoo and raises it in the comfort of her own home.

9:30 p.m. - **"Speed II: Cruise Control"** (PG-13) Starring Sandra Bullock and Jason Patrick. A Caribbean cruise liner is taken over by terrorists.

Saturday

4 p.m. - **"Batman and Robin"** (PG-13) Starring George Clooney and Chris O'Donnell. The fourth installment in the Batman saga continues the crime fighting exploits of Batman and Robin, now joined by Batgirl. The main villains are Mr. Freeze and Poison Ivy.

7 p.m. - **"Sprung"** (R) Starring Tisha Campbell and Rusty Cundieff. Brandy, a law clerk, and Montel, a photographer, fall in love and move in together. Their friends, Adina and Clyde, feel they are making a mistake and do their best to end the relationship.

9:30 p.m. - **"Event Horizon"** (R) Starring Richard T. Jones and Laurence Fishburne. The Event Horizon is a prototype space ship that disappeared on its maiden voyage in 2046. Seven years later, the vessel is found by an outer space rescue ship. Fishburne heads up the team of astronauts sent in to investigate. The mystery deepens as the team begins to discover the secrets hidden within.

Sunday

4 p.m. - **"Batman and Robin"** (PG-13)

7 p.m. - **"Event Horizon"** (R)

Monday

7 p.m. - **"Event Horizon"** (R)

Tuesday

7 p.m. - **"Event Horizon"** (R)

Wednesday

7 p.m. - **"Sprung"** (R)

Thursday

7 p.m. - **"Batman and Robin"** (PG-13)

RAF Mildenhall

Today

7 p.m. - **"Hercules"** (G) Cast from the heavens, Hercules must prove his worth on earth before reclaiming his god status. Animated.

9:30 p.m. - **"Gone Fishin'"** (PG) Starring Joe Pesci and Danny Glover. Gus and Joe live to fish. Together, they win a grand prize fishing vacation package in the Florida Everglades.

Saturday

10 a.m. - **"Hercules"** (G)

1 p.m. - **"Hercules"** (G)

4 p.m. - **"Hercules"** (G)

7 p.m. - **"Gone Fishin'"** (PG)

9:30 p.m. - **"G.I. Jane"** (R) Starring Demi Moore. A Navy intelligence officer, Lt. Jordan O'Neill, becomes the first female candidate to join the Navy SEALs.

Sunday

1 p.m. - **"Hercules"** (G)

4 p.m. - **"Hercules"** (G)

7 p.m. - **"Gone Fishin'"** (PG)

Monday

7 p.m. - **"G.I. Jane"** (R)

Tuesday

7 p.m. - **"Hercules"** (G)

Wednesday

7 p.m. - **"Gone Fishin'"** (PG)

Thursday

7 p.m. - **"Money Talks"** (R) Starring Charlie Sheen and Viggo Mortensen. A small-time con man is mistaken for a cop-killer and diamond thief. Sheen, a TV news reporter, takes the story, hoping to revive his career.

Ramstein teams take championships



Photo by Amn. Joseph Lazardo

Colleen Hitt, RAF Lakenheath catcher, hits a shot during their fourth game of the U.S. Air Forces in Europe Women's Softball Championship. The Lakenheath Ladies won the game over RAF Mildenhall 34 to 14.

Ramstein scored 11 runs in the bottom of the seventh inning – nine with two outs – for a come-from-behind 36-35 win over Lakenheath Saturday in the U.S. Air Forces in Europe men's championship softball game here. The win gave Ramstein a 5-1 tournament record while Lakenheath finished at 4-2 for second place.

In the women's tournament, Ramstein went unbeaten throughout the tournament to capture the women's championship, finishing with a 12-3 victory in the finale over Spangdahlem.

The Lakenheath men ran off four straight wins against Spangdahlem, Mildenhall, Aviano and Incirlik before dropping their first game against Ramstein 43-32.

In the men's final, the host Eagles scored early and led 30-10 after the top of the fifth and 35-25 going into Ramstein's final at bat, but they couldn't hold on.

Ramone Young hit three home runs in the final for Lakenheath. Ramstein's Paul Kasper also hit three home runs and Jerry Smith smashed four.

The final standings for the men are: Ramstein, 5-1; Lakenheath, 4-2; Spangdahlem, 3-2; Aviano, 2-3; Mildenhall, 1-4; and Incirlik, 1-4.

The final standings for the women are: Ramstein, 6-0; Spangdahlem, 4-2; Aviano, 3-2; Lakenheath, 2-3; Incirlik, 1-4; and Mildenhall, 0-5.

Sports Shorts

Ice hockey

A meeting for the 3rd Air Force ice hockey team is at 5 p.m. today at the RAF Lakenheath Fitness and Sports Center. Call Ext. 2040 for more information.

Club championship

The RAF Lakenheath golf course club championship, sponsored by AT&T, is Sept. 13-14. The event is open to all identification card holders and their guests. Cost is \$25 for advanced green-fee holders and \$45 for all others. To sign up call Ext. 2223.

Shoot out

The golf course sponsors a shoot out at 6 p.m. Saturday. Call Ext. 2223 to sign up. Cost is \$10 per person.

Winter league bowling

☐ Sign ups for the winter bowling leagues are available at Liberty Lanes. Monday Night league begins Monday. For more information call Donna Brown at Ext. 2008.

☐ For information on the Wednesday night league, call John Lovering at Ext 5041.

Bowling tournament

☐ The next Colourama bowling tournament is 7:30 p.m. Saturday at the Liberty Lanes. Cost is \$10 per person. Call Ext. 2108 for details.

Family health and fitness

The fitness and sports center sponsors a family health and fitness day Sept. 28 at High Lodge Park.

Events of the day include a five-kilometer fun run, 10-kilometer Volksmarch, and a 10-20-kilometer bike ride. No registration is required. Bring your own lunch and £2 for parking. For more information call Ext. 2170.

AFA golf tourney

An Air Force Association inaugural golf tournament is at 1 p.m. today at the RAF Lakenheath Golf Course. The tournament is sponsored by the AFA and open to all players. For more information call at Ext. 5077.

Tae Kwon Do

The Shepherd's Grove Community Activity Center Tae Kwon Do classes are at 7 and 8 p.m. Wednesdays and 7:30 and 8 p.m. Fridays.

Classes are available for children and adults. For more information call (01359) 250269.

Climbing at the youth center

The youth center offers climbing classes for the "Radical Rock" from 5:30-6:30 p.m. Tuesdays. Cost is \$3 per session. Open climbing is from 5:30-9 p.m. and is available for those who have taken four climbing classes. Cost is \$3 per session. To sign up for classes or open climbing call Ext. 3180.

Adult Swim lessons

The swimming pool offers adult swimming lessons from 6:45-8:30 p.m. Thursdays. Cost is \$18 for four lessons. Two different classes are offered: adult beginner and stroke improvement. Call Ext. 2815 for details.